

HOW TO USE THESE CONVERSATION CARDS

Lay all 5 cards in front of you.

Consider what you'd like to KNOW and FEEL at the end of the conversation.

Write it down.

Make notes about what you'll say on the cards or another sheet of paper.

Practice.

With a friend or just to yourself, say out loud what you've written down.

Share with the doctor.

Take the cards or your notes to your visit. (Hint: Try sharing at the start of the visit.)

Tell us how it went.

We want to know if the cards are helpful. Email us at maggie@patientrevolution.org



PLAN YOUR
CONVERSATION

1

I want to talk about...



PATIENTREVOLUTION.ORG

PLAN YOUR
CONVERSATION

2

It is important to me because...



PATIENTREVOLUTION.ORG

It might help you to know...



PLAN YOUR
CONVERSATION

4

**I want this conversation
to lead to...**



PATIENTREVOLUTION.ORG

**I'm nervous this conversation
will lead to...**



PLAN YOUR
CONVERSATION

THE PATIENT REVOLUTION



PATIENTREVOLUTION.ORG